



REV. LYNDA ELAINE CARRE'

Interfaith Chaplain, Spiritual Care & Healing Arts
for Spiritual Well-Being through the Dying Process
WELLSPRINGPASSAGES.COM
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Through Wellspring Passages, I educate, train, and mentor people through dying—their own and others'.

In the WISDOM ARTS FOR DYING intensive, we will explore Spiritual Care well-being and Healing Arts techniques from traditional and modern wisdom practices that can ease symptoms and improve living through the transformative process of dying.

An Ordained Interfaith Minister in Good Standing with The Chaplaincy Institute Seminary & Community, I am also a Certified Sacred Crossings Death Midwife, member of End-of-life Doula Alliance (NEDA), a Home Funeral Guide with the National Home Funeral Alliance (NHFA), Certified International Yoga Therapist (C-IAYT) with the International Association, and Energy Therapy Practitioner. See more at WellspringPassages.com.

I serve as Community Palliative and Hospice Chaplain for private clients in the Northeast and nationally via video and teleconference; President, Board of Directors, The Chaplaincy Institute, Berkeley, CA; Advisory Council Member for Circle of Friends for the Dying, Upstate, New York; and volunteer Healing Touch practitioner in the Healing Arts Department of Albany Medical Center Hospital, Albany, NY. See more at [LinkedIn](https://www.linkedin.com).

WISDOM ARTS FOR DYING

NOVEMBER 13-16, 2018

**AN EXPERIENTIAL RESIDENTIAL INTENSIVE WITH PRACTICAL
SPIRITUAL CARE & HEALING ARTS TECHNIQUES TO SUPPORT
DYING WELL WHEN YOUR TIME COMES**

WITH

**INTERFAITH END-OF-LIFE SPECIALIST
REV. LYNDA ELAINE CARRE'
PALLIATIVE TO HOSPICE SPIRITUAL CARE
CHAPLAINCY & HEALING ARTS**

This intensive is especially designed for Clergy, Death Doulas, Hospital & Hospice Nurses and Social Workers, Therapists, Physicians, Emergency Responders, Psychonauts, and all those seeking a deeper understanding of the dying process in order to prepare for their own dying and to serve as a better companion for others.

WISDOM ARTS FOR DYING

with REV. LYNDIA ELAINE CARRE'
NOVEMBER 13-16, 2018

AN EXPERIENTIAL WORKSHOP INTENSIVE

While there are increasing numbers of great courses and training programs for being with dying and death, WISDOM ARTS FOR DYING is a unique residential workshop intensive that focuses on safely and creatively preparing for your personal experience of the dying process. This intensive was created to deepen a respectful appreciation of dying as natural and inevitable, and to share knowledge of skillful practices to move through it. Like birth on the flip side of the life portal, dying also has specific characteristics, stages, signals, and ways to ease it's unfolding.

Develop your preparedness to die—well/wisely/consciously/holistically/intentionally/creatively/gratefully—as you define it. In this intensive you will learn and practice traditional and modern approaches and techniques that will support you through dying. Wisdom arts from spiritual care and healing modalities can comfort the mind, manage pain and despair, ease the dying process, shorten the labor of dying, and open the heart for a release to wholeness. Suitable for adults of all faith traditions or none.

WISDOM ARTS FOR DYING

- ◆ Move through fear to understanding and hope
- ◆ Learn, and safely sample, the process of dying
- ◆ Navigate uncertainty and expanded states of consciousness
- ◆ Consider what different faith traditions tell us and identify your own beliefs that strengthen or weaken you
- ◆ Ease symptoms with breathwork, meditation, movement, sound, mantra, light, touch, aromatherapy, subtle energy release, prayer, sacred art, and more
- ◆ Give voice to your process and integration through journaling, a bio-obituary, and expressive arts

Preparing for conscious dying shines light on the shadow side of life to brighten all your remaining days.

AT HOLY CROSS MONASTERY

Holy Cross Monastery was originally built in 1902 . . . for monks! You can expect a mix of historical charm and simple contemporary comforts, along with delicious meals and time to process your experiences throughout your retreat, Fall 2018, in beautiful upstate New York.



TO REGISTER

WISDOM ARTS FOR DYING with Rev. Carré
November 13-16, 2018

Holy Cross Monastery, Upstate New York
\$380 (includes workshop, accommodations, meals)
holycrossmonastery.com

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FOR CONTENT QUESTIONS revcarre@wellspringpassages.com